

# Home Fire Safety

## FACT SHEET












Tasmania Fire Service



## What to do in a fire






### If you are caught in a house fire:

-  Crawl low under smoke. **Do not** stand up in the smoke and don't get too low by crawling on your stomach
-  The best position is to **crawl on your hands and knees** with your arms straight and elbows locked
-  **Feel doors** gently with the back of your hand before touching a door handle. They may be hot
-  **Close doors behind you** to slow the spread of a fire
-  Shout **Fire! Fire! Fire!** to warn others as you crawl out
-  **Remember: Get out and stay out.** Don't go back inside for possessions or pets
-  Ensure **everyone is out** of the building
-  **Call Triple Zero (000)** when you are out and clear of the fire. Use a mobile phone or ask a neighbour
-  **Wait** at your safe meeting place for firefighters to arrive.

### In an emergency call Triple Zero (000)



Only call Triple Zero (000) in an emergency which is either life threatening or where time is critical.

-  Ask for Fire, Police or Ambulance
-  **Stay calm.** Don't shout, and speak slowly and clearly.
-  When asked give the **State you live in, street number, street name, suburb, nearest cross street.**

If you are deaf, hard of hearing or have a speech impairment, there are six ways of contacting emergency services:



- By TTY – dial 106
- By internet relay – and ask for Triple Zero (000)
- By captioned relay – and ask for Triple Zero (000)
- By SMS relay – text 0423 677 767
- By video relay – login to Skype and contact one of the NRS contact names
- By ordinary phone – dial 1800 555 727 and ask for Triple Zero (000).



# What to do in a fire

## If your clothes catch on fire:



**Stop** what you are doing right away. Cover your face with your hands.





**Drop** gently to your knees, then lie down on the part of your clothes that are on fire.





**Rock and roll** back and forth on the ground until your clothes stop burning.

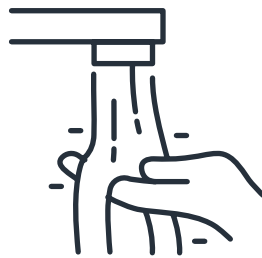
## If you are burnt:

 **Remove** any clothing or jewellery from near the burn carefully, unless it is stuck to the skin.







 **Cool** the burn for **at least 20 minutes** under cool gently running water. **DO NOT** use any ice or ointments.

 **Cover** the burn with a clean dressing or towel.

 **Seek** medical attention as soon as possible or for burns larger than a 20 cent coin. For serious burns **call Triple Zero (000) immediately.**



## Hot tips

-  **Remember: Get out and stay out.** Get out of a house on fire as quick as possible. Don't go back inside for possessions or pets.
-  If you can't crawl, try to stay low, under the smoke. The higher you are in smoke, the greater the risk.
-  Practice crawling low when you practice your home fire escape plan.
-  Tell fire services if any person or pet is unaccounted for. Firefighters may ask where in the house they might be.
-  Make sure your children know what an alarm sounds like and what to do if it goes off.
-  You should always call **Triple Zero (000)** only when you are out of the house and away from the fire, even if you suspect neighbours may have called.



**Watch the KidSafe Burns First aid video**, a collaboration between KidSafe Australia, the Tasmanian Health Service Burns Unit, Australian Red Cross, Interplast, and Tasmania Fire Service.